

Agenda

Agency Wellness Champions Team Meeting #60 Tuesday, May 27 2014 1:30-3:00 pm

Where

In Person:

Centennial Building

Ladyslipper Room, Ground floor
658 Cedar St
St. Paul, Minnesota 55155

From offsite via Ready Talk:

Please see email sent to you from
Ready Talk for how to participate via
phone and web

*There are 3 MetroTransit routes, including the **new green line**, serving the Centennial Building.
There are bike racks in front and back. Parking requires 9 quarters for 90 minutes. **Walk or
Carpool:** create time with a coworker or time to yourself*

No need to check in with security. Entering from Cedar St., walk down stairs and turn left.

Item

Presenter

Notes

1:30 Welcome, Intros

Deb

Volunteer note taker:

1:35 Eat for the Health of it
eval and intro to StressQuest

Beth Lundholm , SEGIP Health
Solutions and Jill Haring,
StayWell

2: 15 Energy Break

2:20 Round Robin Updates

Next Meeting

Date: Jul 29

Location: Centennial Building

Topic: HealthPartners'
yumPower eat better program

